Where do I go from here?

- Are your concerns primarily related to mental or emotional issues?
  - Yes → Are you or your family generally healthy?
    - Yes → Do you have children/others you care for?
      - Yes → Do you primarily want to learn how to care for common acute illnesses?
        - Yes → Is your main concern wanting to avoid antibiotics?
          - Yes → Consider the ANTIBIOTIC ALTERNATIVE COURSE
            OR VIEW SYLLABUS
          - No → Consider the DRUG-FREE FAMILY COURSE
            OR VIEW SYLLABUS
        - No → Are you a prepper, hiker, adventurer?
          - Yes → Yes, but there is more to my health issues than just allergies and intolerances.
            → Consider the ALLERGIC!? COURSE
            OR VIEW SYLLABUS
          - No → Do you have female related issues?
            - Yes → Are your problems skin related?
              - Yes → Consider the SKIN, THE UGLY TRUTH COURSE
                OR VIEW SYLLABUS
              - No → Consider the DRUG-FREE FAMILY COURSE
                OR VIEW SYLLABUS
            - No → Consider the SURVIVALIST GUIDE COURSE
              OR VIEW SYLLABUS
      - No → Are you suffering from allergies, intolerances, or sensitivites?
        - Yes → Consider the SKIN, THE UGLY TRUTH COURSE
          OR VIEW SYLLABUS
        - No → Are your problems skin related?
          - Yes → Consider the GOOD GUT, BAD GUT COURSE
            OR VIEW SYLLABUS
          - No → Consider the DRUG-FREE FAMILY COURSE
            OR VIEW SYLLABUS
    - No → Consider the SURVIVALIST GUIDE COURSE
      OR VIEW SYLLABUS
- No → Are you or your family generally healthy?
  - No → Do you have children/others you care for?
    - Yes → Do you primarily want to learn how to care for common acute illnesses?
      - Yes → Consider the SKIN, THE UGLY TRUTH COURSE
        OR VIEW SYLLABUS
      - No → Consider the ALLERGIC!? COURSE
        OR VIEW SYLLABUS
    - No → Are you a prepper, hiker, adventurer?
      - Yes → Consider the DRUG-FREE FAMILY COURSE
        OR VIEW SYLLABUS
      - No → Consider the SURVIVALIST GUIDE COURSE
        OR VIEW SYLLABUS
  - No → Consider the DRUG-FREE FAMILY COURSE
    OR VIEW SYLLABUS

A Great Course-Finding Exercise!
*Use this chart to narrow down which course could be the best fit.
*Make a list of all the ailments you would like to learn about.
*Visit the course SYLLABUS to confirm that you’re selecting the best match!

Not Quite Ready for a Course?
Consider Joette’s GATEWAY TO HOMEOPATHY I followed by GATEWAY TO HOMEOPATHY II Curriculum
It is an excellent first and second step that guides newbies and oldies through Joette’s Practical Homeopathy

Remember! Joette’s homeopathic education includes a 4-part outreach:
1- Free blogs and podcasts
2- Gateway to Homeopathy (a primer to homeopathy)
3- Take a course taught by Joette and take control of the knowledge
4- Joette is available for consultations
DRUG-FREE FAMILY COURSE

Lara is a great candidate for this course! She would like to minimize her use of pharmaceutical drugs using homeopathy for her entire extended family and pets. She is glad to know how to treat normal ear infections, fevers, sore throats, and a myriad of acute illnesses covered in this class. She values personal and family empowerment and values how this course strengthens both. She also is able to give healing tidbits to her friends in her homeschooling group. Yay Lara!

SURVIVALIST GUIDE COURSE

Larissa is fascinated by this guide! It is not Larissa’s style to be completely dependent on an emergency room in an unexpected situation. She values preparedness too much! With this course, she gained the on-hand, easy-to-use information & protocols that can be used in emergency situations. Although Larissa exercises common sense and good judgment, she and her family have already benefited from the food-poisoning protocol, and she even treated their cow’s infected surgical wound with information she gained from this guide. Her doubting husband is now ON BOARD!
SKIN, THE UGLY TRUTH COURSE

Louisa loves her Skin course. For years she has suffered from terrible psoriasis, and she has seen her grandchildren inherit her tendency for skin issues, as several of them have eczema! Excited to find an alternative to steroid creams and medications, Louisa dove into this course, and loved the “easy as 1-2-3” protocols. Today, she has seen significant improvements in her psoriasis and has already shared a couple of eczema protocols with her grandchildren. Louisa is grateful to pass the powerful knowledge of homeopathy down her family tree!

ALLERGIC!? COURSE

Lucy has struggled with asthma ever since moving into her recently renovated apartment. Her sensitivities don’t stop at chemicals, as seasonal changes seem to bother her as well as her new roommate’s cat! Hoping for an alternative to a life that is tethered to allergy medications, she signed up for this class. Armed with an easy, straight-forward protocol, Lucy allowed her roommate to keep the cat, and she also cured the cat’s intolerance to grains!! Lucy is amazed at how her springtime has been pleasant, rather than suffering from one miserable sinus infection after another. Way to go Lucy!

courses.joettecalabrese.com
GOOD GUT, BAD GUT COURSE

*Lena* was happy to sign up for this course. Ever since hitting puberty, Lena has been intolerant to milk and other ingredients. Using specific, simple homeopathic protocols, Lena successfully reintroduced milk and is happy to be eating homemade yogurt again. With this course, her bloating has been addressed as well as the chronic diarrhea. She was surprised to learn that some of her other issues which were seemingly unrelated to the gut—like her anxiety—have been addressed through this Gut course. Lena has even helped her best friend manage her anxiety too. Awesome job Lena!

FEMINOPATHY COURSE

*Leanne* struggled with hormonal issues after her 4th baby’s birth. The intense mood swings, hot flashes, and insomnia associated with her cycle were particularly overwhelming. Now Leanne has ready-to-go homeopathic protocols which can balance out hormones in both young and not-so-young women. Her daughter’s painful menstrual cramps and another daughter’s acne are a thing of the past. Indeed, with a house full of girls, Leanne has found more than one opportunity to use the practical protocols found in the Feminopathy course. That’s one mom with Moxie!
THE ANTIBIOTIC ALTERNATIVE COURSE

Leonora is concerned about the side effects of antibiotics. She knows that the first three years of life are crucial for building a strong and diverse gut microbiome and wants her children to have the best possible start in life. Leonora’s mom is prone to UTIs but has had bad reactions to antibiotics in the past. Leonora is looking for alternatives so she can help her mother, be prepared for common childhood infections such as strep throat and ear infections, and ready in case she gets mastitis while breastfeeding. The Antibiotic Alternative is the course that teaches how homeopathy can be used for common everyday bacterial infections, so that antibiotic use can be reserved for truly dangerous conditions.

MINDFUL HOMEOPATHY COURSE

Lorelei has her hands full. She’s been raising four children, one of whom has been diagnosed with ADHD and another with OCD. With Lorelei so focused on her two children with serious diagnoses, her two eldest children have received much less attention. Lorelei is concerned they are becoming addicted to video games, and they are showing signs of depression and anger. As if that weren't difficult enough, Lorelei recently gave birth to her fifth child and has been suffering from postpartum depression. Lorelei and her husband Leo are run down and frazzled from the stress. Leo has been struggling with irritable outbursts, and Lorelei has insomnia from anxiety. This is a family that needs the Mindful Homeopathy Course!
No problem! *Gateway to Homeopathy* is a brilliant study guide to Joette’s wonderful world of homeopathy. It is often called the “Study Group Curriculum” because it is especially designed for homeopathic newbies and oldies to get together for 8 sessions and discuss chapter readings. Savvy women who own this curriculum (and who even start their own study group!) are busy bees who value their demanding family schedule. This curriculum jet-launches you into Joette’s unique form of homeopathy by: (1) introducing the basic principles of classical homeopathy while comparing it to Joette’s practical homeopathy and (2) creating a support group where you can build a strong homeopathic community of like-minded folks. This is truly a great “first step,” especially if you are not quite ready to take one of Joette’s courses. While you can use the curriculum alone, we strongly encourage you to use this curriculum in a group setting, for the diverse experience each member brings to your discussions will enrich your understanding of the material.
GATEWAY TO HOMEOPATHY II

For those who completed Gateway to Homeopathy I but wished it never ended, you can now continue the journey with Gateway II. Following a similar format to Gateway I, this five-session study guide expands upon what you learned in your first study group. Get back together with your friends from your first group, or form a new group and widen your network of like-minded homeopathy students. In these five sessions, you’ll enjoy chapter readings, video clips and questions to stimulate lively discussion. You’ll learn specific practical protocols, and how and when to use them. This study-group guide covers topics such as: the manufacturing processes of homeopathic remedies, liquid dosing & Mother Tinctures, Cell Salts, colds and flu, headaches and allergies, homeopathy for emergencies & using higher potencies. Just like in Gateway I, you’ll have the opportunity to do a live Q&A with Joette. Not only is this guide packed full of valuable information that you need, but continuing the study group format will help you strengthen the bonds of community that you forged in Gateway I. Joette’s goal for you is not only personal empowerment, but the strength that comes through having a support group of others, who—like yourself— have guts, spunk and moxie!